



# St. Mary's College of Maryland

at Historic St. Mary's City

## Adult Learn-to-Sail Class

This course is designed to introduce novices to the basics of sailing small boats. Topics covered include sailing theory, rigging, capsizing recovery, points of sail, tacking and jibing, and dock landings. The Flying Junior boats are small and light, requiring a moderate level of agility on the part of the sailor. Participants should be competent swimmers. Life jackets will be provided. Participants must be at least 18 years of age to register for the course.

**Dates:** Monday, May 17; Tuesday, May 18; Wednesday, May 19; Thursday, May 20;  
Monday, May 24; Tuesday, May 25; Wednesday, May 26; Thursday, May 27

**Time:** 5:30 – 8:00 pm

**Location:** St. Mary's College Waterfront

**Boats:** 14' Flying Junior two-person sailing dinghies

**Text:** "Learn Sailing Right: Beginning Sailing" by US Sailing (Book will be provided)

**Instructor:** Rick Loheed, Assistant Director of Waterfront Activities

**Cost:** \$225 per person.

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_

**Phone:** \_\_\_\_\_ **E-mail:** \_\_\_\_\_

**Class Fee:** \$225 (Fees may be paid by check payable to SMCM.)

**Send registration forms to:** St. Mary's College of Maryland  
Attn: Cashier  
18952 East Fisher Road  
St. Mary's City, MD 20686-3001

**Questions???** Please contact the Office of Lifelong Learning at 240-895-3007