Habitat for Humanity.

County, Georgia through a break in Meriwether house build during spring.

Students have worked on a Number of years that stu-

5

grad school.

successful application to grad school.

and hear seniors’ tales of their 20 years at St. Mary's College of Maryland.

March.

Maryland Food Bank in and faculty for the Southern

collected by students, staff,

Number of pounds of food collected:

944

Class of 2016!

who will soon become the other member of our house-

Proceeds of $160 were given to support Leah’s House.

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Tips from Staff & Faculty

Montgomery Hall. Congratulations to Brenda Carter, Caretaker I for

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Joe Carroll Award

A 20-year member of our house-
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Time-Saving Tips from Busy Working Parents

We all need help getting through the week, so for this issue we asked working parents to share some of their favorite ways to make life less crazy.

Tip: Shower at night after the baby/kids go to sleep so you have one less thing to fit into your busy get-out-of-the-house-in-the-morning routine (which either means more sleep for you or time to do laundry or empty the dishwasher)

Tip: Use the delay feature on your washing machine and set it to wash over-night so you can throw clothes over into the dryer in the AM.

Name: Angie Draheim
Daughter Lorelei (14 weeks)

Tip: Make a list of meals on Sunday, and a shopping list from that. When my daughter was young, it really saved money and time to know what I would be cooking the next day.

Tip: The best tip came from my Mom when I was young (with so many applications - dishes, toys, books, laundry, etc): Don’t put it down; put it away. It really helps cut down on clutter and cleaning time.

Name: Paula Rapshaw
Daughter Cynthia is now grown

Tip: Plan your menu at least a week in advance. That way, you can shop one day and have all the ingredients for meals at hand. This saves money, too – no emergency trips to the store where you pick up everything but what you need!

Tip: Pack all lunches (kid’s and parent’s) in the evening and store in the fridge to save time and chaos in the morning. Do it while you are cleaning up dinner. Leftovers make great lunches.

Name: Kathy Lawin
Kids: Emily (13), Jayson (11)

Tip: Find at least one day a week where you don’t check email. Bring your kids to campus and take advantage of opportunities for them to meet other SMC/M kids.

Tip: Have more than one babysitter.

Tip: Get up early and hang on to your hat because it is a wild ride!!

Name: Carrie Patterson
Kids: Xander (9) Giorgia (5)

Tip: Cook everything in double or even triple batches so that you can enjoy easy leftovers and freezer meals…and more time with your family!

Tip: When cutting fresh fruit from the store, put some of it directly into small containers that can be used for school lunches.

Name: Dana Van Abbema
Kids: Avery (5), Macy (2)

Tip: Put a roast in the crock pot in the morning; at lunch time throw in veggies.

Name: Susan Sullivan
Kid: Alexis (16 with hope to make 16)

Tip: Let your kids get dirty! They’ll learn a lot by exploring in the dirt and mud and they’re going to grow out of those new clothes in a few months anyway.

Name: Lee Capristo
Kids: Calvin (11) and Joey (11)

Tip: Please remember that your “job” is to be their parent, not their friend. They have enough friends. They need parents that provide guidance, challenge and support, and structure (a.k.a. rules, accountability, responsibility). Once they are grown up, the relationship changes and you can become “adult friends” (which is great!). All three of our kids have told us how much they appreciated the parenting that we provided when they were younger.

Tip: Try to avoid over-scheduling your kids. They need to learn how to manage their time effectively and efficiently. They also need to learn how to manage their free time and they need time to decompress/de-stress.

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Staff Senate Committees

Professional Development
Dana Van Abbema (chair), Bob Brown, Brianne Weaver

Elections
Derek Young (chair), Cheryl Colson, Adam Werblow

Communications
Lee Capristo (chair), Rich Edgar, Paula Ropshaw, Dana Van Abbema, Lisa Youngborg

Awards & Recognition
Clinton Gilbert (chair), Lee Capristo, Kelly Smolinsky, Gail Wood

Bylaws
Dana Van Abbema (chair), Bob Brown, Elizabeth Clune-Kneuer, Cheryl Colson, Derek Young

Social Connections
Cheryl Colson (chair), Rachel Brooks, Dana Cullison, Sandy Robbins, Kelly Smolinsky, Marsha Wilcox

Finance
Irene Olimick (chair), Lucy Myers, Adam Werblow

Staff Senate Mission Statement
St. Mary’s College of Maryland is committed to developing and recognizing the contributions of the full range of its professionals as they work toward achieving the college’s mission. The St. Mary’s College of Maryland staff senate shall be the official representative body of the college staff. The senate offers a voice for all staff, endeavors to enhance the day-to-day work environment, and promotes a sense of community and respect across campus by fostering open communication with the college president, senior administration, faculty, students and the board of trustees.

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Staff Achievements P.2
Tips from Staff & Faculty P.2-3
Staff Senate Committees P.4