

# SMCM Staff News

**How do staff maintain wellness and stay healthy, especially as the weather gets cold?**

Yoga & climbing —Shelby Kalm

Walking my dogs —Kathy Lewin

Walk most days on the beautiful grounds of HSMC during my lunch hour —Sabine Dillingham

Morning/evening run w/ Under Armour & lots of coffee —Kelvin Clark

Walk & drink a lot of water — Philip Fenwick

Indoor soccer —Mary Grube

Active board gaming —Brad Newkirk

Zumba —Stephanie Somerville

Water, drink lots of water! And walk the mail around —Sahra Grube

Jillian Michaels videos —Steph Guzzo

Eating healthy & walking my dogs —Ashley Stopera

Long walk followed up with hot chocolate —Mary Johnston

Stay away from sick people — anonymous

Stand up paddle boarding —Kyle Bishop



SMCM Staff Cares! Thanks to clean up crew Dan Branigan, Cheryl Colson, Dana Cullison, Angie Draheim, Joanne Goldwater, Mary Grube, Kelley Hernandez, Mary Johnston, Shelby Kalm, Jenn Marsh, Justin Mattingly, Brad Newkirk, Francis Raley, Lisa Smith & Marsha Wilcox. And thanks to our favorite waterfront staff Rick Loheed, Bill Ward, & Adam Werblow for safely getting them where they needed to go!

**The weather has turned colder, but we still remember one particularly warm and rewarding day.** As part of the Sept 11 Day to Serve initiative, 18 staff members from across campus (pictured above) spent two hours of administrative leave cleaning up the shoreline of the St. Mary's River. It was much needed; their findings filled the back of a pick-up truck! Thanks to Dr. Jordan and her executive council for supporting this valuable community effort!

Thanks to everyone attended (and/or donated items for) the social connections fall event on Oct. 30! There was a lot of laughs, great food, tasty cider, and some awesome student performances by magician Charles Hutchison, dancer Sarah Pfeiff, and singers Martha Afework and Jewel Williams.

Please note that the bylaws committee has prepared some proposed amendments and they will need to be voted on at the next staff association meeting (see pg 4 for details) —be sure to attend!

It's been a busy semester, but we're not done yet! There is still plenty to do before FA14 comes to a close. We thank you for all your efforts to make SMCM a great place to work. Alan Lutton said it best in his speech at Dr. Jordan's inauguration, "...you would be hard-pressed to find a more hardworking, dedicated, and passionate group of staff than at St. Mary's. Through snowstorms, budget cuts, cruise ships, and so much more, right down to the day-to-day tasks that keep this campus going, we have endured and persevered for both our students that we adore, and this institution that we love."



If you thought you were seeing double on 10/31, it may have been because members of the Biology Dept all dressed up as Prof. Walter Hatch!

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Renee Boley, Jodene Hernandez, & Jackie Trenholm got into the Halloween spirit and shared it with others. Their decorations in Glendening Hall were great as usual!



## Hats Off to Our Incredible Staff!

### Did you know...

The Student Affairs Cancer Foundation (SACF) created the **Joanne Goldwater Cancer Grant** to be used by student affairs professionals from around the country that are fighting breast cancer or brain tumor cancer. The SACF helps ease the financial burden of cancer with grants to qualified patients/families. For more information or to donate, please go to <http://www.sa-cancerfoundation.org/>

**Team Go Hard, Wine Later** consisting of **Kelley Hernandez**, **Lee Capristo**, and **Karen Raley** participated in the Pax River MWR Team Triathlon on Sept 6.



**Kate Shirey** along with **Clint Neill** facilitated an opportunity for students to attend the National LGBTQ & Ally College Student Career Conference in Washington D.C., Sept 26-28.

**Dana Burke** was selected for Leadership Southern Maryland's Class of 2015. LSM is a nine-month, tuition-based program dedicated to building a cadre of informed regional leaders, prepared to address common issues and bring long-term benefit to their neighbors and communities.

**Stephanie Guzzo's** graduate thesis was published in the November 2014 issue (Vol 19, Number 6) of the *International Journal of Athletic Therapy and Training*. It's called "Effects of Walking on the Gastrocnemius Cooling During an Ice Bag Treatment."

## Staff Spotlight: Dan Schell, Area Coordinator for Residence Life



**How long have you been at SMCM?** Almost a year and a half, but I also spent four wonderful years here as an undergrad.

**What path led you to St. Mary's?** When I was here as a student, I fell in love with the beauty of the campus and the passion of the people that work here. It had always been my dream to come back and work here. Following three years of AmeriCorps service I saw the job opening in Residence Life and decided to apply. The rest is history!

**What do you do by day?** I oversee the five Traditional Halls (Dorch, QA, Calvert, PG, and Caroline) and their Residence Life staffs (5 RHCs and 30 RAs). I also oversee SAFE (Substance and Alcohol Free Environment) Housing and coordinate their events, coordinate summer housing, and co-teach the Peer Leadership course with Matt Jordan.

**What do you do with your evenings/weekends?** I can usually be found in the weight room, hanging out with other staff members, binge watching Netflix, or walking my dog around campus.

**What is your favorite off-campus lunch spot?** Chipotle

**What would colleagues be surprised to find out about you?** I was a vegetarian for 8 years.

**What is the most interesting/surprising job you've ever had?** I was a sawyer (chainsaw operator) for two years in AmeriCorps. I spent a lot of time cutting down invasive trees to restore grassland habitat for endangered bird species on Cape Cod, MA.

## Monthly Staff Recognition Award Winners

### August 2014

**Angie Draheim '03**, departmental assistant in psychology

"She is incredibly organized, reliable, detail oriented and dedicated. She gives 100% at all times and never turns down requests to serve on various committees to better the campus community. Angie loves SMCM and it shows in everything she does."

### September 2014

**Ty Reynolds**, trades mechanic

"Ty's work ethic and team player spirit are a huge benefit to the campus community. She demonstrates great care for her work and goes about it with a positive attitude. Ty went above and beyond to make sure everything went smoothly for the River Concert series thus making it possible for thousands of community members to enjoy their experience on campus."

### October 2014

**Kate Shirey**, assistant director of the Career Development Center

"Kate is committed to creating inclusive environments for our LGBTQ students through programming and volunteering to facilitate workshops and team-building activities even when it means giving up both days on the weekend. She is also bridging the divide between Academic and Student Affairs through collaborative measures to strengthen student services on campus."

**Nominate a worthy staff member today!** Winners receive 5 FREE tickets to the Great Room. Nomination forms are available in department offices and online. They are due the 3rd Friday of every month to Beth Byrd (eabyrd@smcm.edu or Alumni House).

Three staff members, **Linda Jones** (Sept), **Jodene Hernandez** (Sept) and **Ken O'Connell** (Oct) each received 1 lunch ticket as a 'thank you' for being nominated and staying in the recognition pool for three months.

# Professional Development Opportunities

Professional Development is the continuous process of acquiring new knowledge and skills that relate to one's profession, job responsibilities, or work environment. It plays a key role in maintaining trained, informed, and motivated employees, regardless of job classification.

St. Mary's College of Maryland encourages its employees to participate in professional development activities and provides a number of resources through which these activities may be completed. The objectives of professional development are to help employees enhance their job skills, obtain job-related knowledge and information, increase productivity and efficiency, and/or prepare for higher-level positions. In the case of faculty members, it also provides an opportunity for classroom skill enhancement and increased knowledge in their specific academic discipline.

Professional development activities may include, but are not limited to, credit and non-credit courses (classroom or online), workshops, seminars, teleconferences, and audio-visual materials, as long as the activity is pre-approved by the individual's supervisor. Listed below are a few online sources that the Professional Development Committee has identified as beneficial. Please feel free to contact the committee through the staff senate if you have any additional questions, concerns or ideas.

Some excel tutorials and language.

<http://chandoo.org/>

Learn a foreign language for free.

<https://www.duolingo.com/>

Various online courses free of charge.

<https://www.coursera.org/>

<http://www.openculture.com/freeonlinecourses>

# Campus NEWS

**Campus Childcare Connections** was designed for SMCM students with childcare experience to connect with SMCM families (faculty, staff, students) who are looking for regular babysitters to care for their children. Staff and faculty can request access to [the current babysitter list](#) by using the link provided or contacting the Career Center at [careercenter@smcm.edu](mailto:careercenter@smcm.edu). **The Career Center does not screen or match students with faculty/staff and scheduling, payment, etc. is between the individuals. This program was created as a service to the campus community and participation is at your own risk.**

Important news from OIT:

- Previously we each had 30GB of storage between our inbox and our Google Drive, now we each have an unlimited amount of storage for our Google Drive!
- If you are a Jenzabar CX user, please **do not update your Java!** Jenzabar CX is not compatible with Java 8 and if you upgrade to Java 8, you will not be able to use Jenzabar CX.
- If you have any questions, please contact the IT Support Center at x4357.

# Welcome to St. Mary's!

Academic Services	Kevin D. Selby, Coordinator Disability Support Services
Admissions	Genie Torres, Office Associate I
Counseling Services	Mary B. Haugaard, Staff Therapist Laurie K. Scherer, Assistant Director of Counseling Services
Library	Justin I. Foreman, Digital Media Specialist
Physical Plant	Cathy M. Jones, Caretaker I
Public Safety	Michael E. Pickeral, PS Officer/Non-Commissioned TiAira C. Savage, PS Officer/Non-Commissioned Gerald P. Sellers, PS Officer/Non-Commissioned

or provide your senator with an update to pass along!

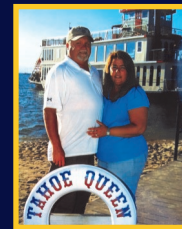
# Congratulations!



**Dave Sushinsky** got married to Katie Siguenza '10 on Aug 9. Their reception was held in the River Center.

Exciting news for **Linda Wallace**: Her son, Brian Wallace just published his first novel! *Pouches Of Salem* is a fantasy novel and will eventually be part of a trilogy. Book# 2 is in process as we speak. You can get a copy from Amazon.com and consider what your "pouches" might be!

**Dana Cullison** and her husband, Mark, traveled to Paris in June. They celebrated 31 years of marriage on Aug 27.



# SMCM Staff Out & About



**Ciara Willett, Lindsey Siferd, Ben Casto, Dan Schell and Emily Pearson** having fun at the county fair



The same group as above plus **Lisa Coté** and **Benjamin Louis** formed **Team Staff Infection** to play intermural dodgeball.



**2 colleagues + 2 trash bags = 1 little but big difference**

Angie Draheim and Mary Johnston spent some time on Oct 25 cleaning up along Mattapan Rd from the end of Guam lot to just past St. Cecilia's. They collected 25-30 pounds of trash (including a fire extinguisher) in just that distance alone!

## St. Mary's by the Numbers

**1** the number of unopened mayonnaise jars found during the riverfront cleanup on 9/11.

**58** the number of new banners designed by **Ashley**

**Stopera** and hung by our awesome **Building & Grounds staff**. The old banners will be used for a fundraiser sometime in the future.



**95** the number of candy pumpkins in the jar at the Fall Social event. **Brad Newkirk** won them with his guess of 94.



**450** the approximate number of hotdogs grilled by **Clint Brantley, Leonard Brown, Leslie Tucker** and students of the Student Athletic Advisory Committee between 4 different athletic games during the week of Oct 26.

## Let Us Hear From You!

Email your suggestions, questions, or concerns to [mkggrube@smcm.edu](mailto:mkggrube@smcm.edu)

OR complete the anonymous feedback form available on our google site

**Staff Senate AY14-15:** Kyle Bishop, Dana Burke, Beth Byrd, Tommy Cable; Treasurer, Cheryl Colson, Kelvin Clark, Dana Cullison, Angie Draheim; Vice President, Faye Graves, Steve Gregory, Mary Grube; President, Stephanie Guzzo, Kelley Hernandez, Mary Johnston, Kathy Lewin, Alan Lutton; Secretary, Francis Raley, April Ryan, Dan Schell, Stephanie Somerville, Leslie Tucker, Adam Werblow, Marsha Wilcox

## Staff Senate Committees

### Professional Development

Tommy Cable (chair), Kelvin Clark, Stephanie Guzzo, Alan Lutton, Kelley Hernandez, Jim McGuire, Catherine Pratson

### Elections

Angie Draheim (chair), Kyle Bishop, Kelley Hernandez

### Communications

April Ryan (Chair), Angie Draheim, Kathy Lewin, Stephanie Somerville

### Awards & Recognition

Beth Byrd (co-chair), Kyle Bishop, Dana Burke, Dana Cullison, Kathy Lewin, Sherrie Wooldridge

### Bylaws

Dan Schell (chair), Cheryl Colson, Angie Draheim, Adam Werblow

### Social Connections

Marsha Wilcox (chair), Dana Cullison, Faye Graves, Steve Gregory, Mary Johnston, Francis Raley, Dan Schell, Lisa Smith, Leslie Tucker



Did you get to try the cakes by Lisa Smith and skeleton gingerbread cookies by Beth Byrd? Yum yum!



## Upcoming Events



**Staff Senate Meetings.** Any staff member may attend Staff Senate meetings so mark your calendars and plan to join us! All senate meetings 10 am-12 pm in the Glendening Annex unless otherwise noted. **11/19; 12/10; 1/7; 1/28 (Staff Association Mtg- St Mary's Hall); 2/18; 3/11; 4/1; 4/22; 5/13; 5/20 (Staff Association Mtg- St. Mary's Hall); 6/3; 6/24**

**Nov 17 & 18 — Diversity & Conflict Resolution** workshops presented by Keith Merkey from the MD Commission of Civil Rights. Details TBA.

**Wed, Nov 19: 12 pm; Thanksgiving Walk (Canned Food and Shoe Drive)** on the Michael P. O'Brien ARC outdoor track. **Organized by the Wellness Committee.**

**Wed, Dec 3: 12 pm; Toys for Tots Walk** (bring an unwrapped toy) on the Michael P. O'Brien ARC outdoor track. **Organized by the Wellness Committee.**

**Sun, Dec 14: afternoon; SMCM Kids' Holiday Party** in Daugherty Palmer Commons. Details TBA.

**Sat, Feb 28, 2015: 6 pm—4 am; 6th Annual American Cancer Society SMCM Relay for Life.** Our goal is to raise \$35,000 this year, so we need everyone's support! And we'd love a stronger faculty and staff presence at this family-friendly community event. Create a team, join an existing team, plan to walk as an individual, or donate at [www.relayforlife.org/smcmd](http://www.relayforlife.org/smcmd) Direct questions to **Joanne Goldwater** or **Lisa Coté**.

**Check out our websites:** [www.smcm.edu/staffsenate](http://www.smcm.edu/staffsenate), <https://sites.google.com/a/smcm.edu/smcm-staff-senate/home>