

## **ELIZABETH NUTT WILLIAMS, Ph.D.**

Department of Psychology  
St. Mary's College of Maryland  
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### **EDUCATION**

**University of Maryland**, College Park, Maryland  
Doctor of Philosophy in Counseling Psychology, May 1997

**University of Maryland**, College Park, Maryland  
Master of Arts in Counseling Psychology, December 1994

**Stanford University**, Stanford, California  
Bachelor of Arts in Psychology, June 1989 with Distinction and Honors

### **HONORS AND AWARDS**

Woman of the Year (2013), Section for the Advancement of Women, Society of Counseling Psychology, American Psychological Association  
Fellow, American Psychological Association (APA), Division 29 (Psychotherapy) (2008), Division 35 (Psychology of Women) (2010), and Division 17 (Society of Counseling Psychology) (2013)

Jack D. Krasner Early Career Award, Division 29, APA, 2006

Outstanding Early Career Achievement Award, Society for Psychotherapy Research, 2006

Homer L. Dodge Excellence in Teaching Award, St. Mary's College, 2003

Faculty Service Award, St. Mary's College of Maryland, 2002

Elected to Omicron Delta Kappa, 2001

Milton Dean Havron Social Sciences Award, 1996

APA Dissertation Research Award, 1996

Society for Psychotherapy Research Student Travel Award, 1996

Graduate Research Interaction Day Award for First Place, 1995

APA Science Directorate Student Travel Award, 1994

Graduate Studies and Research Travel Award, 1994

Graduate Fellow, University of Maryland Fellowship, 1992-1994

Departmental Honors, Stanford University Psychology Department, 1989

Elected to Phi Beta Kappa, 1988 (junior year)

### **ACADEMIC EXPERIENCE**

#### **Professor of Psychology**

St. Mary's College of Maryland

June, 2012 – present

**Chair of the Department of Psychology**

St. Mary's College of Maryland  
August, 2006 – June, 2007; August, 2015 – June, 2018

**Director of Matriculation and Academic Planning**

St. Mary's College of Maryland  
January, 2014 – December, 2016

**Dean of the Core Curriculum and First Year Experience**

St. Mary's College of Maryland  
July, 2007 – December, 2013  
Oversaw Academic Services (academic probation, dismissals, leaves of absence and withdrawals; academic misconduct; continuing education; disability services; DeSousa-Brent Scholars Program; and post-graduate scholarships and fellowships), the Advising Program (advising; Student Designed Majors; and Charlotte Hall Fellows), the Liberal Arts Seminars (faculty support, training and development; supervision of peer mentors), and Core Curriculum Committee (curricular changes and academic policy petitions).

**Coordinator of Women, Gender and Sexuality Studies**

St. Mary's College of Maryland  
August, 2004 – May 2006

**Associate Professor of Psychology**

St. Mary's College of Maryland  
June, 2003 – May, 2012

**Assistant Professor of Psychology**

St. Mary's College of Maryland  
August, 1997 – May, 2003

**Instructor**

University of Maryland Department of Psychology, College Park  
January, 1996 – May, 1996 (Psychology of Women, enrollment 150)  
July, 1995 – August, 1995 (Psychology of Women, enrollment 40)

**Teaching Assistant**

*University of Maryland Department of Psychology, College Park*  
Fall 1995 (Field Research in Organizational Psychology – undergraduate course)  
Spring 1995 (Psychology of Women – undergraduate course)  
Fall 1994 (Counseling Theories and Strategies – graduate course)  
Summer 1994 (Statistics – undergraduate course)  
Summer 1993 (Introductory Psychology – undergraduate course)

**Teaching Assistant**

*Stanford University*  
Spring 1989 (Introductory Psychology – undergraduate course)

**SCHOLARLY PUBLICATIONS**

- Hill, C., Nutt, E., & Jackson, S. (1994). Trends in psychotherapy process research: Samples, measures, researchers, and classic publications. *Journal of Counseling Psychology, 41*, 364-377.
- Wisch, A. F., Mahalik, J. R., Hayes, J. A., & Nutt, E. A. (1995). The impact of gender role conflict and counseling technique on psychological help seeking in men. *Sex Roles, 33*, 77-89.
- Hill, C., Nutt-Williams, E., Heaton, K., Thompson, B. J., & Rhodes, R. R. (1996). Therapist retrospective recall of impasses in long-term psychotherapy: A qualitative analysis. *Journal of Counseling Psychology, 43*, 207-217.
- Ladany, N., Hill, C., Corbett, M., & Nutt, E. (1996). Nature, extent, and importance of what psychotherapy trainees do not disclose to their supervisors. *Journal of Counseling Psychology, 43*, 10-24.
- Nutt-Williams, E., & Hill, C. (1996). The relationship between self-talk and therapy process variables for novice therapists. *Journal of Counseling Psychology, 43*, 170-177.
- Hill, C. E., Thompson, B. J., & Williams, E. N. (1997). A guide to conducting consensual qualitative research. *The Counseling Psychologist, 25*, 517-572.
- Hill, C. E., Williams, E. N., & Thompson, B. J. (1997). A rejoinder to Stiles's, Hoshmand's and Tinsley's comments about "A guide to conducting consensual qualitative research." *The Counseling Psychologist, 25*, 606-614.
- Williams, E. N., Judge, A. B., Hill, C. E., & Hoffman, M. (1997). Experiences of novice therapists in prepracticum: Trainees', clients', and supervisors' perceptions of therapists' personal reactions and management strategies. *Journal of Counseling Psychology, 44*, 390-399.
- Williams, E. N., Soeprapto, E., Like, K., Touradji, P., Hess, S., & Hill, C. E. (1998). Perceptions of serendipity: Career paths of prominent women in counseling psychology. *Journal of Counseling Psychology, 45*, 379-389.
- Hill, C. E., & Williams, E. N. (2000). The process of individual counseling. In R. Lent & S. Brown (Eds.), *Handbook of Counseling Psychology* (3<sup>rd</sup> ed.) (pp. 670-710). New York: Wiley.
- Williams, E. N., & Edwardson, T. E. (2000). Managed care and counseling centers: Training issues for the New Millennium. *Journal of College Student Psychotherapy, 14*, 51-65.
- Williams, E. N., & Hill, C. E. (2001). Evolving connections: Research that is relevant to clinical practice. *American Journal of Psychotherapy, 55*, 336-343.
- Williams, E. N. (2002). Preventing professional and personal role conflict. In C. Juntunen & D. Atkinson (Eds.), *Prevention and Lifespan Development in Counseling*. Thousand Oaks, CA: Sage.
- Williams, E. N. (2002). Therapist techniques. In G. S. Tryon (Ed.), *Counseling based on process research: Applying what we know*. Needham Heights, MA: Allyn & Bacon.
- Kasturirangan, A., & Williams, E. N. (2003). Counseling Latina battered women: A qualitative study of Latina perspectives. *Journal of Multicultural Counseling and Development, 31*, 162-178.

- Knox, S., Hess, S., Williams, E. N., & Hill, C. E. (2003). Here's a little something for you: How therapists respond to clients' gifts. *Journal of Counseling Psychology, 50*, 199-210.
- Williams, E. N. (2003). The Relationship Between Momentary States of Therapist Self-Awareness and Perceptions of the Counseling Process. *Journal of Contemporary Psychotherapy, 33*, 177-186.
- Williams, E. N., Polster, D., Grizzard, B., Rockenbaugh, J., & Judge, A. (2003). What happens when therapists feel bored or anxious: A qualitative study of distracting self-awareness and therapists' management strategies. *Journal of Contemporary Psychotherapy, 33*, 5-18.
- Williams, E. N., Hurley, K., O'Brien, K., & de Gregorio, A. (2003). Development and validation of the Self-Awareness and Management Strategies (SAMS) Scales for therapists. *Psychotherapy, 40*, 278-288.
- Whalen, M., Lese, K., Barber, J., Williams, E. N., Judge, A., Nilsson, J., & Shibazaki, K. (2004). Counseling practice with feminist-multicultural perspectives. *Journal of Multicultural Counseling and Development, 32*, 379-389.
- Williams, E. N., & Barber, J. (2004). Power and responsibility in therapy: Integrating feminism and multiculturalism. *Journal of Multicultural Counseling & Development, 32*, 390-401.
- Hill, C. E., Knox, S., Thompson, B. J., Williams, E. N., Hess, S. A., & Ladany, N. (2005). Consensual qualitative research: An update. *Journal of Counseling Psychology, 52*, 196-205.
- Fauth, J., & Williams, E. N. (2005). The in-session self-awareness of therapist-trainees: Hindering or helpful? *Journal of Counseling Psychology, 52*, 443-447.
- Williams, E. N. (2005). Teaching the science of practice: Evaluation of a research course in counseling. *Teaching of Psychology, 32*, 185-187.
- Williams, E. N., & Fauth, J. (2005). A psychotherapy process study of therapist in session self-awareness. *Psychotherapy Research, 15*, 374-381.
- Celedonia, K., & Williams, E. N. (2006). Craving the spotlight: Buddhism, narcissism, and the desire for fame. *Journal of Transpersonal Psychology, 38*, 216-224.
- Mooney, K. M., Chrisler, J. C., Williams, E. N., Johnston-Robledo, I., & O'Dell, C. D. (2007). The professional lives of women psychologists at small colleges. *Sex Roles, 56*, 173-182.
- Williams, E. N. (2008). A psychotherapy researcher's perspective on therapist self-awareness and self-focused attention after a decade of research. *Psychotherapy Research, 18*, 139-146.
- Williams, E. N., Hayes, J. A., & Fauth, J. (2008). Therapist self-awareness: Interdisciplinary connections and future directions. In S. Brown & R. Lent (Eds.), *Handbook of Counseling Psychology* (4<sup>th</sup> ed.) (pp. 303-319). Hoboken, NJ: Wiley.
- Yakushko, O., Davidson, M. M., & Williams, E. N. (2009). Identity salience model: A paradigm for integrating multiple identities in clinical practice. *Psychotherapy, 46*, 180-192.
- Williams, E. N., & Morrow, S. L. (2009). Achieving trustworthiness in qualitative research: A pan-paradigmatic perspective. *Psychotherapy Research, 19*, 576-582.

- Hill, C. E., & Williams, E. N. (2011). The sample. In Hill (Ed.), *Consensual qualitative research: A practical resource for investigating social science phenomena*. Washington, DC: American Psychological Association.
- Williams, E. N., & Hill, C. E. (2011). Establishing trustworthiness in consensual qualitative research. In Hill (Ed.), *Consensual qualitative research: A practical resource for investigating social science phenomena*. Washington, DC: American Psychological Association.
- Ladany, N., Inman, A. G., Hill, C. E., Knox, S., Crook-Lyon, R., Thompson, B. J., Burkard, A., Hess, S., Williams, E. N., & Walker, J. A. (2012). Corrective Relational Experiences in Supervision. In L. G. Castonguay & C. E. Hill (Eds.), *Transformation in psychotherapy: Corrective experiences across cognitive behavioral, humanistic, and psychodynamic approaches*. Washington DC: American Psychological Association.
- Enns, C. Z., & Williams, E. N. (2013) (Eds.). *The Oxford Handbook of Feminist Multicultural Counseling Psychology*. New York: Oxford.
- Williams, E. N., Barnett, J. E., & Canter, M. B. (2013). History of Division 29, 1993-2013: Another twenty years of psychotherapy. *Psychotherapy, 50*, 131-138.
- Gelso, C., Williams, E. N., & Fretz, B. (2014). *Counseling psychology (3<sup>rd</sup> ed.)*. Washington, DC: American Psychological Association.
- Williams, E. N. (2014). Counseling psychology. In Dunn, D. S. (Ed.), *Oxford Bibliographies in Psychology*. New York: Oxford University Press.
- Williams, E. N., & Morrow, S. L. (2014). Achieving trustworthiness in qualitative research: A pan-paradigmatic perspective. In W. Lutz & S. Knox (Eds.), *Quantitative and qualitative methods in psychotherapy research* (pp. 355-363). Oxford: Routledge.
- Williams, E. N. (2016). Navigating Work and Family Connections Across the Lifespan: Preventing and Managing Role Strain and Conflicts. In C. Juntunen & J. Schwartz (Eds.), *Counseling across the Lifespan: Prevention and Treatment (2<sup>nd</sup> edition)*. Thousand Oaks, CA: Sage.
- Nutt, R. L., & Williams, E. N. (in press). Feminist critique of and integration with diagnostic and therapeutic treatment models. In C. B. Travis & J. W. White (eds.), *APA Handbook of the Psychology of Women*. Washington, DC: American Psychological Association.

## **BOOK REVIEWS**

- Williams, E. N. (1998). Review of the book *The clinical interview of the adolescent: From assessment and formulation to treatment planning*. *Journal of Adolescence, 21*, 226-227.
- Williams, E. N. (2006). Nature and nurture: Complexities of gender re-examined [Review of the book *Gender, Nature, and Nurture*, 2<sup>nd</sup> edition]. *Psychology of Women Quarterly, 30*, 233-234.
- Williams, E. N. (2007). Review of the book *How Psychotherapists Develop: A Study of Therapeutic Work and Professional Growth*. *Psychotherapy Research, 17*, 391-392.

**OTHER PUBLICATIONS**

- Williams, E.N. (1999). Since Socrates sat down with Plato. *Mulberry Tree Papers*, 21, 20-21. St. Mary's City, MD: St. Mary's College of Maryland.
- Yamakawa, K., & Williams, E. N. (2001). Campus climate and attitudes toward gay, lesbian, and bisexual college students. *Modern Psychological Studies*, 8, 1, 60-67.
- Schubert, M. R., & Williams, E. N. (2004). Synchrony and conflict: The relationships among eating disordered attitudes, gender role orientation, and dating styles. *Modern Psychological Studies*, 9, 36-41.
- Williams, E. N. (Feb/March, 2006). Sexual assault and the culture of silence. *River Gazette*, 6, 17.
- American Psychological Association (2007). Guidelines for psychological practice with girls and women. *American Psychologist*, 62, 949-979.
- Williams, E. N. (Dec 2006/Jan 2007). Counseling 101: Training future psychologists. *River Gazette*, 6, 16.
- Williams, E. N. (Sept 2008). New requirements, open choices: Development of the new core curriculum at St. Mary's College of Maryland. *River Gazette*, 8, 3.
- State Plan Workgroup (2009). *2009 Maryland state plan for postsecondary education*. Maryland Higher Education Commission

**PRESENTATIONS**

- Hill, C., Nutt, E., & Jackson, S. (1993, June). *Trends in process research: Samples, measures, researchers, and classic studies*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Pittsburgh, PA.
- Mahalik, J., Wisch, A., Hays, J., & Nutt, E. (1993, August). *The impact of gender role conflict and counseling technique on psychological help seeking in men*. Paper presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Ladany, N., Hill, C., Corbett, M., & Nutt, E. (1994, June). *Nature, extent, and importance of what therapy trainees do not disclose to their supervisors*. Paper presented at the annual meeting of the Society for Psychotherapy Research, York, England.
- Nutt, E., & Hill, C. (1994, August). *The relationship between therapist self-talk and counseling process variables*. Poster session presented at the annual meeting of the American Psychological Association, Los Angeles, CA.
- Nutt, E., & Hill, C. (1995, April). *The relationship between therapist self-talk and counseling process variables*. Paper presented at the Sixth Annual Graduate Research Interaction Day, College Park, Maryland.
- Hill, C., Nutt, E., & Heaton, K. (1995, June). *Impasses in psychotherapy*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Vancouver, Canada.
- Nutt, E., & Hill, C. (1995, June). *The relationship between therapist self-talk and counseling process variables*. Poster session presented at the annual meeting of the Society for Psychotherapy Research, Vancouver, Canada.

- Nutt-Williams, E. N., Judge, A. B., Hill, C. E., & Hoffman, M (1996, April). *Counseling trainees' feelings, reactions, and personal issues in counseling: A qualitative analysis of awareness and management strategies*. Poster session presented at the Alumni Conference in Honor of Bruce Fretz, College Park, Maryland.
- Nutt-Williams, E. N., Judge, A. B., Hill, C. E., & Hoffman, M. (1996, June). *Therapist trainees' awareness and management of their feelings, reactions, and personal issues in counseling: A qualitative analysis*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Amelia Island, Florida.
- Williams, E. N. (1996, November). *Serendipity and women's career choices: A qualitative study of context and outcome*. Paper presented at the University of Maryland Counseling Center Research and Development Symposium, College Park, Maryland.
- Williams, E. N., & Edwardson, T. (1997, March). Results from a national survey of college counseling centers. In E. N. Williams and T. Edwardson (Chairs), *Managed care and counseling centers: Training issues for the future*. Symposium conducted at the annual meeting of the American College Personnel Association, Chicago.
- Jackson, S., & Williams, E. N. (1997, April). Clinical and internship opportunities: Counseling and assessment experiences. In M. A. Hoffman (Chair), *Graduate training in counseling psychology*. Symposium conducted at the annual meeting of the Eastern Psychological Association, Washington, DC.
- Hill, C. E., Thompson, B. J., & Williams, E. N. (1997, June). *A workshop on how to do Consensual Qualitative Research (CQR)*. Workshop conducted at the annual meeting of the Society for Psychotherapy Research, Geilo, Norway.
- Williams, E. N. (1997, August). A qualitative study of serendipity in women's career paths. In E. N. Williams (Chair), *Celebrating women in Division 17: Career paths, colleagues, and serendipity*. Symposium conducted at the annual meeting of the American Psychological Association, Chicago.
- Williams, E. N., & Hill, C. E. (1998, June). *The role of self-awareness in novice therapists: Does it help us or does it hinder us?* Paper presented at the annual meeting of the Society for Psychotherapy Research, Snowbird, Utah.
- Mobley, M., & Williams, E. N. (1998, August). First time around: Early career decisions. In L. Benisheck & K. Bieschke (Chairs), *Tenure-related strains and strategies*. Symposium conducted at the annual meeting of the American Psychological Association, San Francisco.
- Williams, E. N. (1998, September). *Therapist Self-Talk and Self-Awareness: Examining Internal Dialogues*. Paper presented at the meeting of the Southern Maryland Psychological Association, Charlotte Hall, Maryland.
- Schubert, M., & Williams, E. N. (1999, April). *The self-reported relationship between eating disordered behavior and attitudes toward dating, sexuality, and adherence to traditional gender roles*. Poster presented at the annual meeting of the Eastern Psychological Association, Providence, Rhode Island.
- Williams, E. N. (1999, June). *The process and outcome of therapist techniques: Advancing into the new millennium*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Braga, Portugal.

- Williams, E. N. (1999, July). *Multicultural counseling: Implications for practice*. Workshop presented at New Directions for Women: A Residential Recovery Center for Chemically Dependent Women, Newport Beach, California.
- Williams, E. N., Polster, D., Grizzard, B., & Rockenbaugh, J. (1999, August). *Cognitive strategies of novice and experienced therapists: Changes over time*. Poster presented at the annual meeting of the American Psychological Association, Boston.
- Williams, E. N. (1999, August). *Therapist techniques in the new millennium*. Poster presented at the annual meeting of the American Psychological Association, Boston.
- Williams, E. N. (1999, November). *From anxiety to boredom: Managing self-awareness and therapist reactions in therapy*. Paper presented at the annual meeting of the Mid-Atlantic Chapter of the Society for Psychotherapy Research, College Park, Maryland.
- Donlon, M., & Williams, E. N. (2000, March). *The effects of an art therapy based curriculum on the mood and behavior of elementary school children*. Poster presented at the annual meeting of the Eastern Psychological Association, Baltimore, Maryland.
- Lasane, T. P., Casey, M. B., Hopkins, J. R., Jordan, W. P., Munro, G. D., & Williams, E. N. (2000, March). *The capstone undergraduate learning experience: A required senior project in psychology*. Symposium presented at the annual meeting of the Eastern Psychological Association, Baltimore, Maryland.
- Olson, K., & Williams, E. N. (2000, March). *A relationship between the reasons women state for using pornography and types of materials they choose and their levels of sexual functioning*. Poster presented at the annual meeting of the Eastern Psychological Association, Baltimore, Maryland.
- Wise, L., & Williams, E. N. (2000, March). *Effectiveness of social skills therapy on special needs children*. Poster presented at the annual meeting of the Eastern Psychological Association, Baltimore, Maryland.
- Munro, G. D., Lasane, T. P., & Williams, E. N. (2000, June). *Designing and conducting research using evaluation checklists*. Poster presented at the annual meeting of the American Psychological Society, Miami Beach, Florida.
- Barber, J. S., & Williams, E. N. (2000, August). *Psychotherapy: Informed and transformed by multiculturalism and feminism*. In E. N. Williams & J. S. Barbers (Chairs), *Counseling psychology: Feminist and multicultural perspectives on research and practice*. Symposium conducted at the annual meeting of the American Psychological Association, Washington DC.
- Williams, E. N., & Barber, J. S. (Chairs) (2000, August). *Counseling psychology: Feminist and multicultural perspectives on research and practice*. Symposium conducted at the annual meeting of the American Psychological Association, Washington DC.
- Williams, E. N. (2000, August). *Impact of feminism and multiculturalism on developmental issues in psychotherapy*. In K. P. Lese & M. Whalen (Chairs), *Integrating feminist and multicultural theories in counseling*. Symposium conducted at the annual meeting of the American Psychological Association, Washington DC.



- Hill, C. E., & Williams, E. N. (2000, August). What psychotherapy process research has to offer the practitioner. In A. R. Mahrer (Chair), *What should the clinician trust: Research? Theory? Clinical knowledge?* Symposium conducted at the annual meeting of the American Psychological Association, Washington DC.
- Hill, C. E., Hoffman, M. A., Kellems, I., Williams, E. N., & Kolchakian, M. (2000, October). *Evaluating helping skills training: Therapist self-efficacy, skill performance, managing personal reactions, and the influence of trainee personality characteristics*. Symposium presented at the annual meeting of the Mid-Atlantic Chapter of the Society for Psychotherapy Research, Lehigh, Pennsylvania.
- Williams, E. N., & Barber, J. S. (2000, October). *Empowerment therapy: A new approach to the integration of feminism and multiculturalism*. Poster presented at the annual meeting of the Mid-Atlantic Chapter of the Society for Psychotherapy Research, Lehigh, Pennsylvania.
- Barber, J. S., & Williams, E. N. (2001, March). *Empowerment therapy: A new approach to the integration of feminism and multiculturalism*. Paper presented at the National Conference on Counseling Psychology, Houston, Texas.
- Williams, E. N. (2001, March). *The integration of feminism and multiculturalism – Where do we go from here?* Paper presented at Transcending Boundaries: An Interdisciplinary Conference in Gender Studies, St. Mary's City, MD.
- de Gregorio, A., & Williams, E. N. (2001, April). *Therapist sexual attraction to clients in the therapeutic environment: An assessment of therapist graduate training*. Poster presented at the annual meeting of the Eastern Psychological Association, Washington, DC.
- Linn, C., & Williams, E. N. (2001, April). *The relationship of introversion and extroversion to methods of coping with anger*. Poster presented at the annual meeting of the Eastern Psychological Association, Washington, DC.
- Williams, E. N., O'Brien, K., Hurley, K., de Gregorio, A., & Graham, E. (2001, April). *The Self-Awareness and Management Strategies (SAMS) survey*. Poster presented at the annual meeting of the Eastern Psychological Association, Washington, DC.
- Knox, S., Hess, S., Williams, E. N., & Hill, C. E. (2001, November). *Gift-giving in therapy*. Paper presented at the annual meeting of the North American Society for Psychotherapy Research, Puerto Vallarta, Mexico.
- Williams, E. N. (2001, November). The consensual process in CQR. In C. E. Hill (Chair), *Consensual Qualitative Research II*. Symposium conducted at the annual meeting of the North American Society for Psychotherapy Research, Puerto Vallarta, Mexico.
- Williams, E. N. (2002, March). *Applying feminist pedagogy: Implications for undergraduate education*. Paper presented at Transcending Boundaries: An Interdisciplinary Conference in Gender Studies, St. Mary's City, MD.
- Howard, E., & Williams, E. N. (2002, March). *An exploration of challenges encountered in young adulthood: Implications of management strategies*. Poster presented at the annual meeting of the Eastern Psychological Association, Boston, Massachusetts.

- McGuirk, L., & Williams, E. N. (2002, March). *Parental and socioeconomic influence on school performance*. Poster presented at the annual meeting of the Eastern Psychological Association, Boston, Massachusetts.
- O'Brien, K., & Williams, E. N. (2002, March). *A qualitative study of the "person" of the therapist*. Poster presented at the annual meeting of the Eastern Psychological Association, Boston, Massachusetts.
- Walls, K., & Williams, E. N. (2002, March). *Is cognitive-behavioral therapy effective in the treatment of schizophrenia?* Poster presented at the annual meeting of the Eastern Psychological Association, Boston, Massachusetts.
- Fauth, J., & Williams, E. N. (2002, June). *Therapists' self-awareness, management strategies, and interpersonal behavior as predictors of client reactions, interpersonal behavior, and session outcome*. Paper presented at the International meeting of the Society for Psychotherapy Research, Santa Barbara, California.
- Williams, E. N., & Fauth, J. (2002, August). *Therapist self-awareness, management strategies, and in-session behaviors*. Paper presented at the annual meeting of the American Psychological Association, Chicago.
- Lasane, T. P., Hiris, E. J., Van Abbema, D., & Williams, E. N. (2003, March). *Integrating writing into a lab-based research methods course*. Symposium presented at the annual meeting of the Eastern Psychological Association, Baltimore, Maryland.
- Jobe, B., & Williams, E. N. (2003, March). *Client preferences and the effectiveness of client and therapist match on therapy outcome*. Poster presented at the annual meeting of the Eastern Psychological Association, Baltimore, Maryland.
- Williams, E. N., & Fauth, J. (2003, November). *Therapist self-awareness and psychotherapy process*. Paper presented at the meeting of the North American Society for Psychotherapy Research, Newport, Rhode Island.
- Williams, E. N. (2004, February). *A current perspective on healthy functioning in women: The benefits of being female*. Paper presented at the annual meeting of the Association for Women in Psychology, Philadelphia, Pennsylvania.
- Hill, C. E., Knox, S., Thompson, B., Williams, E. N., Hess, S., & Ladany, N. (2004, June). *Consensual qualitative research*. Open discussion presented at the annual meeting of the International Society for Psychotherapy Research, Rome, Italy.
- Williams, E. N., (2004, July). *Evaluation of a research lab course in psychotherapy for undergraduates*. Poster presented at the annual meeting of the American Psychological Association, Honolulu, Hawaii.
- Williams, E. N. (2005, August). *Obstacles and benefits of feminist teaching and research: Qualitative results*. In K. Mooney (Chair), *The professional lives of feminist psychologists at small colleges*. Symposium presented at the annual meeting of the American Psychological Association, Washington, DC.
- Williams, E. N. (2005, August). *The feminist toolbox: Implementing feminist principles in pedagogy and scholarship*. Workshop presented for the Section for the Advancement of Women of Division 17 at the annual meeting of the American Psychological Association, Washington, DC.
- Gardiner, S., & Williams, E. N. (2005, October). *The search for balance: The acculturation process of Asian American undergraduate students and the role of*

- therapy in the reconciliation of related concerns*. Paper presented at the Mid-Atlantic Society for Psychotherapy meeting, St. Mary's City, MD.
- Williams, E. N. (2006, June). *Therapist countertransference, mindfulness, and self-awareness: Implications for training and research*. Symposium conducted at the annual meeting of the Society for Psychotherapy Research, Edinburgh, Scotland.
- Williams, E. N. (2006, June). The implications of using a training model based on therapist self-awareness: A pilot study. In Williams, E. N. (Chair), *Therapist countertransference, mindfulness, and self-awareness: Implications for training and research*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Edinburgh, Scotland.
- Williams, E. N. (2006, August). Under wraps: Challenges for undergraduate educators in counseling psychology. In Enns, C. Z. (Chair), *Teaching in small undergraduate institutions: Expanding roles for counseling psychologists*. Paper presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Williams, E. N. (2006, August). *Understudied aspects of mentorship: Feminist and multicultural perspectives*. Symposium conducted at the annual meeting of the American Psychological Association, New Orleans, LA.
- Williams, E. N. (2006, August). *You and Counseling Psychology: Charting the future*. Roundtable participation at the annual meeting of the American Psychological Association, New Orleans, LA.
- Williams, E. N., Brown, L., Johnson, N., Kaschak, E., Norsworthy, K., & Yakushko, O. (2007, August). *International perspectives on feminist multicultural psychotherapy: Content and connection*. Symposium conducted at the annual meeting of the American Psychological Association, San Francisco.
- Williams, E. N., Torres, C., O'Sullivan, B., & Leonard, T. (February, 2009). *Up, down, across, and around: Designing an integrative approach to general education*. Symposium conducted at the General Education Assessment Conference of the Association of American Colleges & Universities, Baltimore, Maryland.
- Williams, E. N., Mattu, A., Zimmerman, J., Johnson, N., & Carter, J. (2009, August). *What we wish we had known: Tips for future psychotherapists*. Symposium conducted at the meeting of the American Psychological Association, Toronto.
- Lampropoulos, G. K., Castonguay, L. G., Hill, C. E., Stiles, W. B., Williams, E. N., & Grosse Holtforth, M. (2010, June). *Developing a programmatic agenda for psychotherapy research*. Symposium presented at the meeting of the Society for Psychotherapy Research, Asilomar, California.
- Inman, A. G., Ladany, N., Thompson, B., Hill, C., Crook-Lyon, R., Knox, S., Burkhard, A., Walker, J., Williams, E. N., & Hess, S. (2010, August). *Corrective relational experiences in supervision: Supervisee perspectives*. Poster presented at the meeting of the American Psychological Association, San Diego, California.
- Williams, E. N., Urgo, J., Vote, L., & Feingold, R. (2011, January). *The educational GPS: Navigating the challenges of going global*. Symposium presented at the meeting of the American Association of Colleges and Universities, San Francisco, California.
- Williams, E. N., Rodgers, C., Hanbury, R., Yakushko, O., Smith, L., & Opabajo, I. (2011, August). *Psychotherapy, resilience & social justice: Implications for*

- youth, disaster relief, immigration, & poverty*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, DC.
- Williams, E. N., Canter, M. B., Koocher, G. P., Campbell, L. F., & DiGiuseppe, R. (2013, July). *The history and future of Division 29*. Symposium conducted at the annual meeting of the American Psychological Association, Honolulu, HI.
- Nielson, S. L., DiGiuseppe, R., Lambert, M., & Williams, E. N. (2013, July). *Why would you say such a thing? Evaluating what a psychotherapist actually says during a session*. Symposium conducted at the annual meeting of the American Psychological Association, Honolulu, HI.
- Nutt, R., Enns, C., & Williams, E. N. (2014, March). *Intersectionality and the APA Guidelines for Psychological Practice with Girls and Women*. Symposium conducted at the National Conference on Counseling Psychology, Atlanta, Georgia.
- Williams, E. N. (2014, August). *The Joy of Juggling: The Ingredients for Work--Life Balance*. Invited Address at the annual meeting of the American Psychological Association, Washington, DC.
- Williams, E. N. (2014, August). *Serendipity in Action: Wise Gifts From Counseling Psychologists*. Invited Address at the annual meeting of the American Psychological Association, Washington, DC.
- Williams, E. N. (2014, October). *A national perspective on the liberal arts: St. Mary's and beyond*. Invited Address as part of Tuajuanda C. Jordan's Presidential Inaugural Symposium on Liberal Arts in the 21st Century: Positioning Global Citizens for Lifelong Success, St. Mary's City, MD.
- Williams, E. N. (2015, March). *Transforming the self via undergraduate education: Possibilities and potential*. Invited address at the James Madison University Cultivating the Sustainable Self Summit, Harrisonburg, VA.
- Williams, E. N. (2015, August). Interdisciplinary science and practice: Harnessing the power of shame and resilience. In Davidson, M. M. (Chair), *Turning needed attention to shame*. Symposium to be conducted at the annual meeting of the American Psychological Association, Toronto.
- Williams, E. N., & Wolf, J. (2016, November). A qualitative study of feminist multicultural therapy with male clients. Poster to be presented at the North American Society for Psychotherapy Research conference, Berkeley, CA.

### **EDITORIAL REVIEW BOARD MEMBERSHIP**

- Editorial Review Board Member, *The Counseling Psychologist* (2014 – 2016)
- Editorial Review Board Member, *Psychotherapy* (2013 – 2017; 2005 – 2009)
- Editorial Review Board Member, *Psychotherapy Research* (2004 – 2009)
- Consulting Editor, *Psychology of Women Quarterly* (2001 – 2004)
- Editorial Review Board Member, *Journal of College Counseling* (2001- 2004)

### **PROFESSIONAL AFFILIATIONS**

- American Psychological Association (APA)
- Society for Psychotherapy Research

**ELECTED POSITIONS**

Council Representative, Division 29 (Psychotherapy), APA, 2016-2019  
President, Division 29 (Psychotherapy), APA, 2011  
Chair, Section for the Advancement of Women (SAW), Division 17 (Counseling Psychology), APA, 2008 – 2010, Past Chair, 2010-2012  
Board Member, Division 29, APA, 2005 - 2007, 2008 - 2010  
Member-at-Large, Section for the Promotion of Psychotherapy Science (SPPS) Division 17, APA, 2006 – 2007  
Treasurer, SAW Division 17, American Psychological Association, 2003 - 2008  
Vice President, Faculty Senate, St. Mary's College of Maryland, 1999-2001  
President, Phi Beta Kappa Zeta Chapter, St. Mary's College of Maryland, 2001-2003  
Historian, Phi Beta Kappa Zeta Chapter, St. Mary's College of Maryland, 1998-2001

**EXTERNAL DISSERTATION COMMITTEES**

External Reviewer, Carrie Evenden, California Institute of Integral Studies, San Francisco, California, March 12, 2008 (Dissertation: Clients' Experience of the Simultaneous Use of Complementary and Alternative Medicine and Talk Psychotherapy: Toward An Integrative Psychological Healing Process).  
External Reviewer, David Tod, Victoria University, Melbourne, Australia, February 8, 2006 (Dissertation: Service-Delivery Expertise in Student Sport Psychologists).

**CLINICAL EXPERIENCE** Licensed Psychologist, State of MD #3477**Private Practice**

Chesapeake Counseling Network, Solomons, MD, August, 1999 – April, 2004  
Patuxent Counseling Center, Prince Frederick, MD, July, 1998 – August, 1999

**Volunteer Counselor**

Abused Persons Program of Calvert County, Prince Frederick, Maryland, February, 1998 – July, 1998

**Counseling Center Associate**

Univ. of Maryland Counseling Center, College Park, September, 1997 – December, 1997

**Doctoral Intern**

Univ. of Maryland Counseling Center, College Park, July, 1996 – June, 1997

**Counseling Supervisor**

University of Maryland Counseling Center, College Park  
October, 1996 - March, 1997; August - Dec, 1994; August - Dec, 1993

**Consultant**

University of Maryland Office of Human Relations, College Park, January, 1995 - May, 1995

**Family Therapist**

Greenbelt Cares, Greenbelt, Maryland, January, 1993 - February, 1995

**Psychology Extern**

Walter P. Carter Center, Baltimore, Maryland, March, 1994 - June, 1994