Mental health doesn’t take a summer break. 
Here’s what you need to know.

LOCAL RESOURCES

We’re here for you.

- The Wellness Center Counseling will be open throughout the summer for currently enrolled students. Please call 240-895-4289 to make an appointment.
- Walk-in appointments will continue Monday-Friday from 1:00 pm -3:00 pm

DIGITAL RESOURCES

Take us with you.

- Please see our website for a list of local providers:

ANYWHERE RESOURCES

Wherever you are, we got you.

- Need to find a specialist? Out of state for the summer? No problem, check out Well-track Connect. Create an account and find a mental health provider from around the country.

CRISIS + EMERGENCY HELP

Get immediate support.

- Confidently talk with a trained professional. Call if you need to talk to someone or if you are in crisis. Call our 24/7 Help Line, Protocol at 240-895-4200
- If in crisis, please call 988 or 911 for an emergency. Campus Public Safety can be reached at 240-895-4911.
- Southern Maryland Center for Family Advocacy-Sexual Assault Crisis support: 240-925-0084